

PIEDMONT INTERGROUP MEETING MINUTES - DRAFT
March 1, 2025 @ 8:30 AM-Zoom Meeting
ID: 853 0751 9680; Passcode: 344689

I. OPENING – Serenity Prayer

II. ATTENDANCE – Introductions/Roll Call

III. CHAIR MOMENT – (Welcome Western NC reps!)

- A. Agenda Review/Revisions – any new business items
 - a. STEP 3 – Made a decision to turn our will and our lives over to the care of God as we understood Him.
 - b. TRADITION 3 – The only requirement for OA membership is a desire to stop eating compulsively.
 - c. CONCEPT 3 – The Right of Decision, based on trust, makes effective leadership possible.
 - d. Approval of Minutes – February Meeting Minutes were Amended. Motion to accept amendments George G, seconded by Sherri P.

IV. BOARD REPORTS

A. Chair/Vice Chair

B. Secretary's (meeting list, correspondence, etc.) emails will include links to meeting documents, announcements, etc.

Kelly H - Encouraging people to utilize the OA Piedmont Intergroup website. Please add your name, phone # and email to Chat.

C. Treasurer's Report – Carmen will provide updated Treasurer reports for next meeting

D. SOAR8 Region – Julie – No updates

E. World Service – Miona – Thanked everyone for their participation in the review and feedback to the WSBC Proposed Motions and changes to bylaws. The form has been submitted.

V. COMMITTEE REPORTS

A. Website – Kelly P – the website is being updated.

Website link - <https://piedmontintergroup.org/>

B. PIPO – Carol S- An article is in the current edition of Natural Awakenings magazine. The magazine is available in grocery stores in the Charlotte area and online. This magazine is published 3 times a year. OA will be mentioned in the back page of the magazine monthly.

<https://www.awakeningcharlotte.com/2025/02/28/524495/overeaters-anonymous-holds-regular-meetings>

Please contact Carol S 516-476-0799, if there are any health fairs in your area

Healthcare Professional pamphlets, *When Should I Refer Someone To Overeaters Anonymous? – To Members of the Helping Profession*, are available. Please contact Carol S 516-476-0799 to obtain pamphlets.

C. Events – Carol S - Unity Day virtual event was held on Feb 22nd.

Next event will be in person – 5/17/2025 12:30 – 3:00 Summer Social “Come and enjoy some games and fellowship” - Grace Presbyterian Church, 2955SC-160, Fort Mill, SC 29708

D. Journal – Debi T - Original articles, poems, photography, artwork is now being accepted for Summer Edition of the Newsletter – Submission deadline May 15, 2025. Please submit to journal@piedmontintergroup.org

E. Region Convention/Assembly 1, 2026

VI. INTERGROUP REP REPORTS

A. Rep Reports -

Request to add agenda item for next IG meeting to discuss “how to grow meetings/attract and retain newcomers.”

VII. OLD BUSINESS

A. Convention 2026 Theme – Survey responses did not have a definitive winner. Alice and Justin proposed “Courage to Change, Seeking Serenity, Recovery SOARs”. After discussion at meeting there was consensus to simply. Proposed theme “Recovery SOARs”. Motion by Susan W and seconded by Cathie.

B. Sibling Groups – Deferred to next IG meeting

C. Supporting Each other with technology training – Deferred to next IG meeting

VIII. NEW BUSINESS

A. Zoom meeting – Piedmont IG pays for a single Zoom Account. WNC zoom meetings can use Zoom account if the virtual meeting does not conflict with an existing meeting. WNC IG reps will take this information back to meetings for discussion.

B. Budget Review – Deferred to next IG meeting

C. Intergroup Name Change – Motion was approved to establish a subcommittee to evaluate changing the intergroup and make recommendations. George G, Stacey M and Sherri P volunteered to be a part of the subcommittee.

D. Technical Team – Deferred to next IG meeting. George G offered to assist with website.

IX. Upcoming Dates

X. 7th Tradition

XI. Closing - Serenity Prayer