Overeaters Anonymous Workshop on the Twelve Steps

A 15-session workshop designed to help participants achieve and maintain abstinence through working the Twelve Steps

September 8 – December 15, 2018 Saturdays, 9:00 to 11:00 a.m.

September 08 is the Introductory Session

The following OA-approved literature will be used in the workshop sessions and homework assignments:

- The Twelve Steps and Twelve Traditions of Overeaters Anonymous
- Alcoholics Anonymous, Fourth Edition (the Big Book)
- Twelve Steps and Twelve Traditions by Alcoholics Anonymous
- Overeaters Anonymous, Third Edition
- Voices of Recovery
- For Today

Participants need their own copies.

Workshop Location:

St. Philip Neri Church, 292 Mumm Road, Fort Mill, SC 29715

Room D (in the basement of the Church)

Questions? Contact Maureen M. (803.493.6870) or Lee M. (704.560.4345)

This is a closed workshop for 4 to 12 participants. No new members may join after the Introduction Session. Participants commit to attend and fully participate in all sessions.