

Relapse to Recovery*

A Workshop

* Recovery : "Removal of the need to engage in compulsive eating behaviors."

Saturday, July 18, 2020
1:00 to 2:30 PM PDT

If you've experienced a period of relapse in your recovery or are currently in relapse, don't miss this workshop. Join us as speakers share their stories of recovery from relapse. There will be time for writing, questions and sharing.

ZOOM Meeting ID:

373 820 2031

Passcode: **5162020**

Dial-In: **+1-253-215-8782**

This is a special virtual event hosted by South Bay Intergroup of OA (SBI). To support SBI, please send a 7th Tradition suggested donation of \$5. No one will be turned away for lack of funds. See address below or go to www.oasouthbay.org to donate via PayPal or Zelle. Please specify "Relapse to Recovery Workshop" in the *Add-A-Note* section.



South Bay Intergroup of
Overeaters Anonymous
P. O. Box 918
Harbor City, CA 90710