



EXPERIENCE ABSTINENCE

November 16, 2019

OVEREATERS ANONYMOUS(OA)

IDEA Day
International Day of Experiencing
Abstinence

8:30 – 10:00 Walkathon

James Boyce Park, 300 Boyce Road, Charlotte

10:15—12:15 Abstinence Workshop

St. Stephen United Methodist Church
Fireside Room
6800 Sardis Road., Charlotte, NC 28270

OVEREATERS ANONYMOUS
150 countries, 80,000+ members

Together we get better
Contact: Alice, 919-247-1338,
Richard, 704-534-6014