

WELCOME TO
THE PJEDMONT OA JNTERGROUP
2019 FALL RETREAT
CHRJST MOUNT BLACK MOUNTAJN
222 Fern Way, Black Mountain, NC 28711
www.christmount.org

Mountain Miracles

~As I began to ..practice spiritual principles in all my affairs, miracles of healing began to happen...the miracles kept happening and have never stopped. Voices of Recovery, p. 54



Friday September 20, 2019 5PM through Sunday September 22, 12 PM

We are so happy that you will be joining us in the mountains for a wonderful weekend of recovery and fellowship. This letter is your Registration confirmation. Please read the information in this packet carefully. It includes: a tentative schedule; facility information; and other important stuff.

- Directions (google or imap - "Christmount Christian Assembly"): Christmount is located 15 miles east of Asheville. From I-40, take exit 64 (Black Mountain) and travel south on NC 9 about one mile to Christmount entrance on the left.
- Registration and lodging will be at the "GUEST HOUSE", the first large building on the left after entering the gate. Christmount asks that we arrive at or after 3PM on Friday and that we leave before 1PM on Sunday afternoon.
- To those staying in CABINS, you will need to provide your own sheets and towels, or pay an additional \$7 to rent theirs.
- Individuals please bring a cooler if you plan to bring more than an item or two. Ice will be available. Also, water will be available during the weekend.

Please visit www.christmount.org for additional camp details.

For additional Retreat information contact: retreat@piedmontintergroup.org

**Or call:
Richard at 704-534-6014 or Alice at 919-247-1338**

**Miracle on the Mountain
Basic Schedule**

Friday

0300-0500	Arrival/Check In
0500-0600	Informal Gathering on Deck
0600-0700	Dinner
0700-0900	Program
0930-until	TBD

Saturday

0600-0700	TBD
0700-0830	Breakfast
0900-1015	Program
1015-1030	Break
1030-1200	Program
1200-0130	Lunch
0130-0300	Program –
0300-0600	Free Time
0600-0730	Dinner
0730-0900	Program
0930-1000	TBD

Sunday

0600-0700	TBD
0700-00830	Breakfast
0900-1015	Program
1015-1030	Break
1045-1200	Program/Large Group Share

Optional Meal Plan Information:

As of 7/31, for those of you electing to participate in the optional meal plans, a menu has yet to be developed. Only 35 of the 40 participants have responded. The cut off is August 1st. At that time we will use the dietary restrictions/needs of the paid participants to develop the menu that will be provided to you.

The facility has a great chef who agreed to provide healthy options adapted to our needs the best he is able. We have asked for more lean meats, lots of vegetables, fresh fruit, and limited complex carbohydrates. Chef has experience providing Vegan and can accommodate if requested. A tentative menu will be shared after dietary needs to be considered are received.

There is a central refrigerator/microwave on the hall of the motel rooms available to everyone and in the conference room next door. Feel free to bring ice chest, etc. as you need.

Questions? Call Richard 704 534 6014

More information will be forthcoming